



Always look for the  
CNHC quality mark –  
your guarantee of  
standards



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You can check that I am registered by finding me on  
CNHC's online register at [www.cnhc.org.uk](http://www.cnhc.org.uk)

CNHC registered for:

# Looking for complementary healthcare? Choose with confidence



The Complementary and Natural Healthcare Council (CNHC) is the UK regulator for complementary health practitioners, set up with government support and funding in 2008. Our sole purpose is to protect the public.

We hold a register accredited by the Professional Standards Authority (PSA) that includes 16 different complementary therapies:

- > Alexander Technique
- > Aromatherapy
- > Bowen Therapy
- > Colon Hydrotherapy
- > Craniosacral Therapy
- > Healing
- > Hypnotherapy
- > Massage Therapy
- > Microsystems
- > Acupuncture
- > Naturopathy
- > Nutritional Therapy
- > Reflexology
- > Reiki
- > Shiatsu
- > Sports Therapy
- > Yoga Therapy



## Reasons to use our register

- > Anyone can claim to be a complementary health practitioner. Checking our register means you can choose with confidence
- > CNHC registrants must meet the UK-wide government standards for safe and competent practice, hold professional indemnity insurance and agree to comply with our Code of Conduct, Ethics and Performance
- > CNHC registration is accepted by some health cash plans and insurers for reimbursement of treatment costs

"Practitioners registered with CNHC support public health by encouraging their clients to make a range of lifestyle changes. These include improvements to diet and nutrition, support with giving up smoking and losing weight, support with reducing stress, improving sleep, managing pain and other symptoms."\*

\* The Royal Society for Public Health (RSPH) / Professional Standards Authority (PSA) report 'Untapped Resources: Accredited Registers in the Wider Workforce'